

# BREAKFAST

Fresh Coffee and Muffin 4.50

## PASTRIES

Eclairs 4.50	Tiramisu Bar 5.25
Cannoli 4.50	Chocolate Chip Cookies 2.25
Cheesecake 5.25	Fudge Brownie 3.50
Half Moon 3.5	Chocolate Mousse Bar 5.25

# HOT SUBS

	small	large
Meatball Parmigiana	11.50	12.50
Eggplant Parmigiana	11.50	12.50
Fried Pastrami	12.50	13.99
Steak and Cheese	11.99	12.99
Steak Bomb		13.99
Chicken Cutlet Parmigiana	11.99	13.50
Chicken Cutlet	11.99	13.50
Buffalo Chicken Cutlet	12.50	13.99
Veal Cutlet Parmigiana	12.50	13.99
Pepper and Eggs	9.99	10.99
Turkey Melt	12.50	13.50
Sausage Pepper and Onion		12.99
PEPPERS, ONIONS, MUSHROOMS, EXTRA CHEESE		each 1.00

# COLD SUBS/WRAPPS

	small	large
Italian	11.50	12.50
Super Italian	11.99	13.99
Ham and Cheese	11.50	12.50
Roast Beef	11.99	12.99
Turkey Breast	11.99	12.99
Baked Ham	11.99	12.99
Tuna Salad	11.99	12.99
Chicken Salad	11.99	12.99
Cranberry Walnut Chicken Salad	11.99	12.99
Bologna and Cheese	10.50	11.50
BLT	10.50	11.50

WE USE ONLY BOARS HEAD PRODUCTS

# FROM THE BBQ

	small	large
*Steak Tips (Cooked to order)	14.50	15.99
Chicken Kabob		13.99
Plain Chicken Tips	11.99	12.99
Cajun Chicken Tips	11.99	12.99
BBQ Chicken Tips	11.99	12.99
Honey Mustard Chicken Tips	11.99	12.99
Honey BBQ Chicken Tips	11.99	12.99
Red Glazed Chicken Tips	11.99	12.99
Teriyaki Chicken Tips	11.99	12.99
*Cheeseburger Sub (Cooked to order)	11.99	12.99
PEPPERS, ONIONS, MUSHROOMS, EXTRA CHEESE		each 1.00

# SPECIALTY SUBS

**Chicken di Parma** 14.99  
Chicken cutlets, thinly sliced prosciutto, fresh mozzarella cheese, roasted peppers, seasoning and olive oil

**Peasano** 14.99  
Thinly sliced prosciutto, fresh mozzarella cheese, roasted peppers, seasoning and olive oil

**Primo** 15.99  
Thinly sliced prosciutto, mortadella, capicola, pepperoni, soppressata, provolone with toppings, seasoning and olive oil

**Melanzana** 13.99  
fried eggplant cutlet with fresh mozzarella and roasted peppers, seasoning and olive oil

**Chicken, Bacon, Ranch** 13.99  
Chicken cutlets, lettuce, tomato, crispy bacon, and ranch dressing

# PANINI SANDWICHES

**Honey Mustard Chicken Breast** 11.99  
Boars' Head thinly sliced chicken breast, Swiss cheese, lettuce, tomato, red onion and honey mustard on Tuscan bread

**Turkey Breast Club** 11.99  
Boars' Head roasted turkey breast, Swiss cheese, lettuce, tomato, crispy bacon, mayo on Tuscan bread

**La Cascias' Best** 11.99  
Our famous store baked ham, American cheese, lettuce and roasted peppers on Tuscan bread

**The Texan** 11.99  
Lean roast beef, cheddar cheese, lettuce, tomato, sliced red onion and bbq sauce on Tuscan bread

**Little Italy** 11.99  
Thinly sliced imported mortadella, sweet capicola, genoa salami, picante provolone and artichoke salad on Tuscan bread

**Tuscan Chicken Breast** 11.99  
Boars Head thinly sliced chicken breast, fresh mozzarella cheese, tomato, pesto spread on tuscan bread

# SOUPS AND SALADS

**Tossed Salad** 13.99

**Antipasto Salad** 16.99

**Caprese Salad** 11.99

**Tuna over Tossed Salad** 15.99

**Chicken Salad over Tossed Salad** 15.99

**Greek Salad** 15.50

**Chicken Kabob over Greek Salad** 17.99

**Chicken Tips over Salad** 16.99

**Caesar Salad** 12.99

**Chicken Caesar Salad** 16.99

**\*Steak Tips over Tossed Salad (Cooked to order)** 18.99

**\*Steak Tips over Greek Salad (Cooked to order)** 19.99

**\*Steak Tips over Caesar Salad (Cooked to order)** 18.99

**Soup of the Day** starting at 6.99

**Extra Dressing** each 0.75

# SIDE ORDERS

French Fries 6.50	Buffalo Fingers 13.99
Onion Rings 7.50	Chicken Fingers 12.99
Wing Dings 12.99	Arancini - Rice Balls 7.99
Buffalo Wing Dings 13.99	Side Salad 4.99

# DINNERS

Chicken Finger Basket 12.50

Chicken Finger Dinner 14.99

Chicken Tip Dinner with your choice of marinade 16.99

\*Steak Tip Dinner (Cooked to order) 19.99

\*Cheeseburger Dinner (Cooked to order) 15.99

ALL ABOVE SERVED WITH A CHOICE OF TWO

french fries, onion rings, salad, rice pilaf

Chicken Tip over Rice 13.99

\*Steak Tip over Rice (Cooked to order) 16.99

Chicken Stir Fry over Rice 15.99

\*Steak Tip Stir Fry over Rice (Cooked to order) 19.99

# PASTA DINNERS

Ziti or linguini with marinara sauce 9.99

Ziti or linguini with marinara sauce with Meatballs 12.99

Cheese Ravioli with marinara sauce 12.99

Potato Gnocchi with marinara sauce 12.99

Chicken Parmigiana 15.99  
Homemade breaded chicken cutlet over pasta topped off with fresh romano cheese

Chicken Cacciatore 15.99  
Tender Chicken sauteed in our homemade marinara sauce with peppers and onions over romano cheese

Veal Parmigiana 15.99  
Homemade breaded veal cutlet over pasta topped off with fresh romano cheese

Eggplant Parmigiana 13.99  
Homemade breaded eggplant cutlet over pasta topped off with fresh romano cheese

Lasagna with meatballs 14.99

ALL MEALS ABOVE SERVED WITH FRESH BREAD

# VEGETARIAN

Caprese wrap 11.50

Fresh mozzarella sliced tomatoes roasted peppers seasoning and olive oil

Athenean wrap 11.50

Romain lettuce, feta cheese, roasted peppers, tomatoes and Greek dressing

# CHEESE PIZZA

Pizza Slice 2.75 Half Tray 25.00 Full Tray 48.00

# CALZONES

Cold Cut & Cheese • Spinach & Cheese • Eggplant Parmigiana • Chicken Parmigiana

Call ahead to have them cut and heated on a tray!

Half Calzone Prices Vary

## COUPON 1

Lunch Special! 11am-2pm

Large Italian Sub,  
20oz Drink & Bag of Chips  
**\$14.99**+tax

Limited time offer • Cannot be combined  
Must mention coupon • Must present coupon

## COUPON 2

Dinner Special for 2!

Any Pasta Dish, Tossed Salad,  
Fresh Bread & 2lt Soda  
**\$25.99**+tax

Limited time offer • Cannot be combined  
Must mention coupon • Must present coupon

## COUPON 3

Catering Coupon!

**\$20.00 OFF**

Any Order Purchase  
of \$100.00 or More

Limited time offer • Cannot be combined  
Must mention coupon • Must present coupon

## COUPON 4

Family Coupon!

Feeds 4 people  
Ziti and Meatball,  
Fresh Bread, Salad,  
2lt Soda and Cookies

**\$34.99**+tax

Limited time offer • Cannot be combined  
Must mention coupon • Must present coupon

## COUPON 5

Pizza Deal

1/2 Tray of Pizza (12 slices)  
and 2lt Soda

**\$25.99**+tax

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# LA CASCIA'S CATERING

Let us bring our personalized catering to your next gathering business meeting or special occasion.

We guarantee it will be "Love with every bite".

If the dish you desire is not on our menu, please ask, and we will be happy to prepare it for you!

## BREAKFAST PLATTERS

Assortment of freshly baked muffins, cinnamon rolls, danish and bagels arranged on platters, yogurt and granola and fruit trays available

## CATERING BUFFET

CHOOSE UP TO 5 entrees!

50 person minimum • \$13.99 per person

All orders served with garden salad and fresh baked rolls

Add dessert for just \$2.00 per person

## APPETIZERS

- Cheese and Crackers
- Fresh Fruit and Dip Tray
- Vegetable Platter and Dip
- Focaccia
- Pizza Tray
- Toasted Bruschetta
- Chicken Fingers
- Wing Dings
- Calzone Tray
- Scallops  
  Wrapped in Bacon

## SOUPS

Please call for selections and availabilities

## SALADS

- Antipasto Salad
- Tossed Salad
- Grilled Chicken Caesar
- Tri Color Pasta Salad
- Caprese Salad
- Garlic Bread

## DELI SANDWICHES/WRAPPS

An assortment of sandwiches or wraps cut in half and served on a tray

- Homemade Chicken Salad
- Tuna Salad
- Roast Beef
- Baked Ham
- Oven Roasted Turkey
- Deluxe Brand Ham
- BBQ Chicken Breast

Served with choice of cheese, bread, toppings and spreads

## PARTY PLATTERS

Let La Cascia's do the work. Choose from any of our top-shelf imported or domestic cold-cuts to design your own personal party platter

- Cold Cuts and Rolls
- Finger Sandwich Trays
- Relish Tray
- French Bread Subs

## HOT FOOD TRAYS

- Stuffed Shells
- Baked Ziti
- Lasagna
- Sauteed Fusilli
- Sauteed Potato Gnocchi
- Chicken Ziti Broccoli with Wine
- Chicken Ziti Broccoli Alfredo
- Fettuccine Alfredo
- Baked Ravioli Cheese or Spinach
- Sauteed Cavatelli
- Eggplant Parmigiana
- Meatballs in Sauce
- Sausage Peppers Onions
- Sausage with Vinegar Peppers and Potato
- Sausage Cacciatore
- Chicken Parmigiana
- Chicken Cacciatore
- Chicken Marsala
- Chicken Primavera
- Sweet n' Sour Chicken Wings
- Chicken Stir-Fry
- Beef Stir-Fry
- Marinated Chicken Tips
- Marinated Steak Tips Peppers and Onions
- Rosemary Roasted Red Bliss Potatoes
- Garlic Mashed Potato
- Sauteed Season Vegetables
- Rice Pilaf

## DESSERTS

La Cascia's Bakery has long been known for its fine Italian pastries, fresh baked cookies and cakes. From the flour to the oil, we use only the finest ingredients. Our desserts are a fine compliment to any meal

- Mini Pastries
- Cookies
- Cakes

## MISCELLANEOUS

- Paper Goods
- Delivery
- Warmers

We guarantee you we'll have plenty of food! We can also provide the following services:

- All Occasion Cakes • Mini Pastry • Cookie Trays Coffee Setup • Paper Goods • Table Cloths • Warmers & Serving Spoons Included
- Delivery and Setup Available

FULL MENU ON  
[www.lacasciasbakery.com](http://www.lacasciasbakery.com)

\*CONSUMER ADVISORY WARNING  
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.  
\*\*STEAK TIPS AND CHEESE BURGERS ARE COOKED TO ORDER

TO ALL OUR CUSTOMERS:  
BEFORE ORDERING PLEASE INFORM YOUR SERVER IF SOMEONE IN YOUR PARTY HAS A FOOD ALLERGY

ADD STATE & LOCAL MEAL TAX TO ALL PRICES • PRICES, ITEMS, & OFFERS ARE SUBJECT TO CHANGE WITHOUT NOTICE

PRSR STD  
ECRWSS  
U.S. POSTAGE  
PAID  
EDDM Retail

\*\*\*\*\*ECRWSS\*\*\*\*\*

Local Postal Customer

SOLUTIONPRINT.COM (TOLL FREE 1-877-688-9939)



*Love with every bite!*



[www.lacasciasbakery.com](http://www.lacasciasbakery.com)

418 Main Street, Medford MA 02155

Store Hours: Monday-Saturday: 7am-7pm • Sunday: 7am-3pm

**781.396.5041**

**Fax: 781.395.6429**

[info@lacasciasbakery.com](mailto:info@lacasciasbakery.com)

**WE DELIVER**

Monday-Saturday 11am-7pm • Sunday: 11am-3pm

We also deliver cold cuts, bread, pastries and groceries!

